



Eastgate Daybreak

September 2015 A Publication of the Eastgate SDA Church



Worry, Worry

By: Jeff Warshauer

I was reading the book *Laugh Again—Experience Outrageous Joy* by Charles Swindoll a while back and I came across the following statement: “Worry about nothing; pray about everything.”

Pastor Swindoll bases this statement on Philippians 4:6-7 which reminds us to:

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

As a recovering worrier (see the May devotion-al), I’m taking these words to heart. With that in mind, I wanted to share something I found years ago called *Worry, Worry*. The author is unknown.

“Worry? Why worry?
What can worry do?
It never keeps a trouble
from overtaking you.

It gives you indigestion,
and sleepless hours at night
and fills with gloom the days,

however fair and bright.

It puts a frown upon the face,
and sharpness to the tone.
We’re unfit to live with others
and unfit to live alone.

Worry? Why worry?
What can worry do?
It never keeps a trouble
from overtaking you.

Pray? Why pray?
What can praying do?
Praying really changes things,
arranges life anew.

It’s good for your digestion,
gives peaceful sleep at night,
and fills the grayest, gloomiest day
with rays of glowing light.

It puts a smile upon your face,
the love note in your tone.
Makes you fit to live with others
and fit to live alone.

Pray? Why pray?
What can praying do?
It brings God down from heaven
to live and work with you.”

Goodbye from Tom and Sarah Nicholas

Dear Eastgate Church Family,

God has opened the door for us to gain valuable ministry experience during this coming year among the Hispanic churches and community in the Walla Walla Valley. Tom will be working at the Walla Walla University campus in Hispanic Ministries, as well as working in a complimentary pastoral role with the local Hispanic churches. We have enjoyed and

felt privileged to be part of the Eastgate Church family and ministry team. It is with heavy hearts that we say goodbye. We will miss serving here and look forward to continuing to see you in the community. May the grace of God continue to abound in you, and even more as the nearness of that Great Day approaches.

-Tom and Sarah Nicholas

Seven Features of a Growing Church

During our church board meeting in August, we watched a video where Artur Stele (Vice President of the General Conference) discussed seven features of a growing church. These features are:

1. An optimistic and enthusiastic leadership team.
2. Accepting and nonjudgmental members who create warmth and a family climate.
3. The presentation of a correct picture of God and His mission—God has no other agenda than TO FIND and TO SAVE. We need to demonstrate WHO GOD IS and let His love overflow.
4. Worship that presents God and who He is—worship is a place where the Lord and the worshipper come together. Our young people will never leave the church if they meet the LIVING

LORD when they come to church.

5. Church members who worship the Lord and who are in love with the Lord. They share God's message because they cannot be quiet. Members are disciples and participants.
6. Every member has a sense of community and belonging. There are lots of small groups and the feeling of being part of a family.
7. Pastors are trainers. 30-40% of the pastor's time is dedicated to training Sabbath School teachers, group leaders and members.



ANGEL TREE CHRISTMAS

We are sponsoring 15 kids through Angel Tree this Christmas to provide gifts from their incarcerated parents. Contact Tobi Goff at 509-520-4097 for details.



JOIN VIOLIN PRAISE

Violin Praise meets Thursdays at 5 pm and needs cellists, violists and double bassists. Other instruments welcome also. Contact Luba Schmidt at 509-200-4857 for details.



Event Calendar September 2015

Church Times

Prayer Time: 8:30-8:50 am
 1st Service: 9:00-10:00 am
 Sabbath Schools: 10:10 am
 2nd Service: 11:20 am

Speakers

Sept. 5: **Eric Saylor**
 Sept. 12: **Eric Saylor**
 Sept. 19: **Eric Saylor**
 Sept. 26: **Eric Saylor**

Sundown Times

Sept. 5: **7:27 pm**
 Sept. 12: **7:13 pm**
 Sept. 19: **6:59 pm**
 Sept. 26: **6:46 pm**

Office Hours

Tuesdays, Wednesdays &
 Fridays 9am-noon

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 am—12:00 pm Home School Coop Registration 6:30-8:30 pm Feath- ers & Hares 4-H Club	2 6:30 pm Prayer & Praise 6:30 pm Men's Grp. 6:45 Bible Study Grp.	3 6:30 pm Ladies 12-Step Group	4 6:30-8:00 pm Prayer Meeting	5 Singing Bands : 2:30 pm Park Manor 3:30 pm Regency at the Park
6	7 6:30 pm Women's Group	8	9 6:30 pm Prayer & Praise 6:30 pm Men's Grp. 6:45 Bible Study Grp.	10 6:30 pm Ladies 12-Step Group	11 6:30 pm Prayer Meeting 7:00-8:00 pm Vespers	12
13	14 6:30 pm Women's Group 6:30 pm Church Board Meeting 7:30 pm Elder's Mtg.	15	16 6:30 pm Prayer & Praise 6:30 pm Men's Grp. 6:45 Bible Study Grp.	17 Home School Coop Meet & Greet 6:30 pm Ladies 12-Step Group	18 6:30-8:00 pm Prayer Meeting	19 Singing Bands : 2:30 pm Park Manor 3:30 pm Regency
20	21 6:30 pm Women's Group	22 9:00 am—2:45 pm Home School Coop	23 6:30 pm Prayer & Praise 6:30 pm Men's Grp. 6:45 Bible Study Grp.	24 6:30 pm Ladies 12-Step Group	25 6:30-8:00 pm Prayer Meeting 6:30 pm Gospel Music Jam	26 12:15 pm All Church Fellowship Meal
27	28 6:30 pm Women's Group	29 9:00 am—2:45 pm Home School Coop	30 6:30 pm Prayer & Praise 6:30 pm Men's Grp. 6:45 Bible Study Grp.	31		

Introducing Dustynn Rho Webster



Dustynn Rho Webster was born to Sophia and Tyler Webster on June 3, 2015. She weighed 9 pounds, 5 ounces and was 20.5 inches long. Congratulations!

Still Time to Join Coop

If you home school and have been considering joining the Eastgate Home School Cooperative, there is still time! We have space for 1 more Preschooler, 2 more Primary children (ages 5-7) and 8 more children ages 8 and up.

Coop begins September 22 and meets for 8 weeks. Classes include Spanish, drama, art/drawing, model rocketry, Karate, choir/music, health, geography, zoology, and history/

writing. Visit our website at

www.eastgatehomeschoolcoop.org
 or contact Tiffany
 Michaels at 509-968-
 8580 to sign up or for
 more details.





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One-Pot Wonder Tomato Basil Pasta

INGREDIENTS:

- 12 ounces linguine pasta
- 1 can (15 ounces) diced tomatoes with liquid (zesty red pepper flavor style is good)
- 1 medium sweet onion, cut in 1/4 inch julienne strips (use an onion such as Vidalia or Walla Walla Sweet)
- 4 cloves garlic, very thinly sliced
- 1/4 teaspoon red pepper flakes
- 2 teaspoons dried oregano leaves
- 4 1/2 cups vegetable broth (use regular broth and NOT low sodium)
- 2 tablespoons extra virgin olive oil
- 1 bunch (about 10 to 12 leaves) basil, diced
- Parmesan cheese for garnish



PREPARATION:

Place pasta, tomatoes, onion, and garlic in a large stock pot. Pour in vegetable broth. Sprinkle the pepper flakes and oregano on top. Drizzle with oil.

Cover pot and bring to a boil. Reduce to a low simmer and keep covered and cook for about 10 minutes, stirring every 2 minutes or so. Cook until almost all liquid has evaporated – leave about an inch of liquid in the bottom of the pot – but you can reduce as desired.

Season to taste with salt and pepper. Add basil leaves and stir pasta several times to distribute the liquid in the bottom of the pot evenly throughout the pasta as you are serving. Serve garnished with Parmesan cheese.