



EASTGATE
Seventh-day Adventist Church
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Connect. Grow. Serve

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 Clip and save

Vegetarian Chicken Noodle Soup

With winter and the cold & flu season, I thought I'd share my absolute favorite soup when I'm sick. It's simple, feels great on a sore throat and is yummy. It would also taste great with vegetables if you like vegetables in your soup.

Ingredients:

8 cups water

¼ cup Chef Bonneau's Vegetarian Chicken Soup powder (12 oz. tub found in the gravy aisle at Andy's)

1 can (12.5 oz.) Worthington Fri Chik, diced with the juice

½ of a (12 oz.) package of wide egg noodles

Preparation:

Bring water and seasoning to boiling. Add egg noodles and Fri Chik, including the juice from the can and cook until noodles are tender.

Prayer

Continued from front page

A favorite author of mine stated, "The more earnestly and steadfastly we ask, the closer will be our spiritual union with CHRIST."

I believe that GOD is calling us to follow the example of CHRIST in time spent in prayer. Every day start with praise to our Creator, continuing throughout the day to commune with HIM, anywhere and any time.

Let's all pray for each other, and pray with each other, to be filled with the HOLY SPIRIT and to unite with CHRIST daily in a willing, obedient, and joyful manner. And may the grace of GOD fill our hearts and lives to overflowing.



Eastgate Daybreak

January 2015

A publication of the Eastgate SDA Church

January birthdays

- 1 Sue Cason
Alyssa Perez
- 2 Mishayla Brown
Ruthe Street
- 4 Sara Seltmann
- 5 Leanna Kroschel
- 7 Isaac Anderson
Braydon Colvin
- 8 Robert Daniel
Karen Forss
- 9 Sarah Cexton
- 12 Anneli Aston
- 13 Dakota Avelino
Coryell Ivy
Christine Wittlake
- 15 Douglas Blake
Brian Treadway
- 16 Julie Penner
- 18 Emma Dietrich
- 19 James Donley
Shawn Dowie
- 20 Miles Scruggs
- 21 Alyssa Villagomez
- 26 Demetrio Avelino
- 27 Jordan Brown
Terry Davis
- 28 Reagan Peterson
- 29 Thomas Vickroy
- 30 Destiny Bennett
Sofia Gwinn
Robert Lindsay
- 31 Elijah Goodridge
Denise Romary

Spend time in prayer

By Rod Zuver

IN HIS BOOK, *LORD of the Impossible*, Lloyd Ogilvie asks: "What are you attempting that you cannot accomplish without an intervention from the LORD?"

Most of us live our lives within the narrow limits of what we can do on our own strength and talents. Our fear of risk keeps us away from anything we cannot control or do with our own ability.

When we do ask for GOD's help, our prayers are often for HIS power to do what we think is best. What would we dare to attempt if we were sure that the LORD would intervene to help us?"

How often do we run into a difficult situation, a tough relationship, illness, crisis at work, a really rough assignment, or something seemingly beyond our capabilities?

John 14:12-14 (NKJV) states: "Most assuredly, I say to you, he who believes in ME, the works that I do he will do also, and greater works than these he will do, because I go to MY FATHER. And whatever you ask in MY name, that I will do, that the FATHER may be glorified in the SON. If you ask anything in MY name, I will do it."



Please read this verse again in the Clear Word version or the version you enjoy most to be sure you understand what is being said. (Pray first before reading and ask for the HOLY SPIRIT to open your heart and mind to GOD's power and enlightenment) JESUS has given us HIS word – HE asks us to have faith and believe and ask for the impossible – HE says "try ME"; "taste and see".

Charles Spurgeon said, " When GOD wants to do a great work, HE first sets HIS people to pray." Will you join me in this New Year and commit to more time in prayer to GOD? Will you also join me in journaling so you have a record of prayer requests and answers to prayers?

Continued on back page

Praise be to the Lord,
the God of Israel,
because he has come
to his people and
redeemed them.

Luke 1:68

Christmas boxes bless many

AS I INVENTORIED THE food for the 33 Christmas boxes and helped organize the gifts purchased for the children, I noticed a carefully wrapped little bundle of gifts with a hand written note attached that said, "May you have the best Christmas this year. Jesus loves you so much. I have prayed that I would get you what you needed and would enjoy. May you be greatly blessed." This just seemed to capture the spirit of this entire effort that so many of our church members have helped make possible. Whether by financial help, calling the families to determine the needs, purchasing the children's gifts, or helping with the packing and delivery of the finished boxes - each part was important.

Sabbath evening, there was so much to do, food



boxes to wrap, food to move from storage and get organized. Then there were the food box packers that looked at family summary sheets to note dietary needs, food restrictions and to stock the boxes according to family size.

Sunday morning dawned foggy and cold and there was wondering just how many would brave the elements, but an intrepid team of volunteers rallied. The boxes were prayed over and some vehicles began to sit down on their haunches a bit as eager folks loaded somewhere around a ton of food for immediate delivery.

The experiences were great. One lady asked for prayer for her son who had recently gotten off of drugs and prayer was given on the spot. Another volunteer shared his joy at seeing the response of those that he and his team mate served. One lady called to say how appreciative she was for the food she had just received. Not only did God bless someone through us, but we were blessed too, with a great time interacting and sharing and being reminded of our purpose in this world!



Home School Cooperative children singing "Away in a Manger" at their Christmas Concert on Dec. 6th

Winter Quarter Coop Registration

WINTER QUARTER registration for the Eastgate Homeschool Coop will be from 9:30-11:30 am on Tuesday, January 13th. Classes are split by age groups: 8-12 year olds, 5-7 year olds, and 3-5 year olds (preschool). We currently have 5 openings for the older group, 5 for the younger group, and 7 for the preschool group. Class size is around 15 children. The cost will be \$55 for the first child and \$50 for each additional child in the family for the 8 week quarter.

Classes will be Tuesday mornings from 9:00 am - 12:15 pm for 8

weeks from February 3-March 24. Classes for the older two groups will begin each day with a devotion that will be tied into a Science Experiment. Additional classes for both groups will be Karate, Choir, and American Sign Language. The older group will also learn Drawing Techniques and the younger group will have a mix of art, including watercolor, acrylic painting, and chalk. Preschoolers will get Bible lessons, numbers and letters, sensory bins, geography, writing, cutting, choir and art.

This is a Cooperative, so in order to keep costs down, we ask that each parent volunteer 3 of the 8 days (or 2 days if you only have one child in the Coop) to help in your child's class on a rotating schedule. The fee covers teachers and some supplies. There may be a few more supplies each child will need (such as a choir binder and drawing pad); you will receive a supply list at registration.

If you would like more information, you can visit our public Facebook page: Eastgate Home School Cooperative Info & Events or call or text Tiffany Michaels 509-968-8580 or email tiffany@viviotech.net.

Upcoming Events January 2015

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2	3
					Marriage Conversion 40 days	Marriage Conversion 40 days	
4		5	6	7	8	9	10
		6:30pm Women's Group	6:30pm Feathers and Hares 4-H Club	6:30pm Prayer & Praise	6:30pm Ladies 12-Step Group	5:30pm Celebrate Recovery	2:30pm Music at Park Manor and Regency
				Marriage Conversion 40 days			
11	12	13	14	15	16	17	
				Marriage Conversion 40 days			
	6:30pm Women's Group	6:30pm Church Board Meeting	6:30pm Prayer & Praise	6:30pm Ladies 12-Step Group	5:30pm Celebrate Recovery	2:30pm Music at Park Manor and Regency	
	7:30pm Elder's Meeting						
18	19	20	21	22	23	24	
				Marriage Conversion 40 days			
	6:30pm Women's Group	6:30pm Prayer & Praise	6:30pm Ladies 12-Step Group	5:30pm Celebrate Recovery	6:30pm Gospel Music Jam		
25	26	27	28	29	30	31	
				Marriage Conversion 40 days			
	6:30pm Women's Group	6:30pm Prayer & Praise	6:30pm Ladies 12-Step Group	5:30pm Celebrate Recovery	12:45pm All-Church Fellowship Meal		

Church times

Prayer time:
8:30-8:50am
1st service:
9:00-10:00am
Sabbath school:
10:10am
2nd Service:
11:20am-12:30pm

Library hours

10-10:10am and
11:10-11:20am

Speaker Schedule

Jan. 3
Pastor Eric Saylor
Jan. 10
Pastor Eric Saylor
Jan. 17
Pastor Eric Saylor
Jan. 24
Pastor Eric Saylor
Jan. 31
Pastor Eric Saylor

Sundown schedule

Jan. 3 4:41pm
Jan. 10 4:48pm
Jan. 17 4:55pm
Jan. 24 5:04pm
Jan. 31 5:12pm

Church office hours

Tuesday,
Wednesday & Friday:
9am to 12pm

Be sure to check the church website for the most up-to-date information: www.eastgatesadventist.church